



## Terenure College

# WEIGHTS ROOM POLICY

In line with our Health and Safety Statement and other School Policies I would ask all College Personnel to note the following -

### **SCHOOL POLICY IN RELATION TO THE WEIGHTS ROOM:**

Please note that Teachers, Pupils, Staff and Past Pupils are only allowed use the College Weights Room when accompanied by a Qualified Instructor.

It is not permissible to use the weights room on your own. There must always be at least one other person present.

Some College Personnel have been given keys to the Weights Room. They have been instructed not to lend these keys to anybody else without prior permission from the College Management (General Manager Services, Prior or Senior School Principal).

Thank you for your understanding with this matter.